

## Meet Our Coaches

Jill Reed is the founder and CEO of Change for Good Coaching, LLC and The Center for Change in Pleasantville, NY. Jill's particular interests are in Well-Being Coaching, Life Transitions Coaching, and Relationship Coaching. She loves working with people who want to work more effectively, have closer and more satisfying relationships and live more purposeful and fulfilling lives. Jill holds a doctorate degree in clinical psychology, masters' degrees in clinical social work and public administration, and an undergraduate degree in management. Early in her career, Jill worked in management in both corporations and not-for-profit institutions. She has over 18 years of experience as a clinical social worker and clinical psychologist, and has held positions as a clinician, supervisor, consultant, and administrator in a variety of mental health facilities and as a psychotherapist in private practice. Jill has conducted research that examined the most important factors influencing client satisfaction with professional helping relationships and the key factors that enhance one's quality of life. She received life coach training from the MentorCoach Program and a Certificate from the Quality of Life Therapy and Coaching Program. She is a member of the International Coaching Federation.

Nancy Scherlong is a Creativity Coach. Her special interests include assisting individuals in rediscovering their passion and creative drive, helping staff at all levels discover more effective means of communicating and assisting in team building and the creation of effective and efficient work relationships. Nancy has been helping people for over 18 years to identify and accomplish their life goals and dreams. She has a master's degree in clinical social work and prior to being a therapist was a motivational speaker and workshop facilitator on the subjects of self-improvement, communication enhancement and creativity. She has worked in community and professional settings as an educator and therapist and enjoys applying tenets of psychology to career, personal, employment and organizational challenges. She employs a variety of approaches that are both stimulating and interactive, including guided imagery, relaxation techniques, action methods and the use of symbol and metaphor. Nancy holds a certificate in life coaching from the MentorCoach Training Program.

Nicholas Head's passion is GOOD WORK done in GREAT WORKPLACES. He has been helping individuals and organizations with worklife, career and life transition issues since 1978. Nick directed a career guidance center for the State Board of Education in Illinois, and was trained in life work planning by Richard Bolles, author of What Color is your Parachute. His education and training include fine arts studies, a Bachelors Degree in Psychology, and a Master of Arts in Psychology. He has specific advanced training as a professional coach and trainer of coaches, and is a member in good standing of the International Coaching Federation. For the last 18 years, Nick has also worked on the employer side of the equation, as an organizational consultant and workplace improvement specialist. He is a leadership coach; learning and retreat facilitator and teacher of conflict management. Nick has 20 years of management experience, 14 of it working in a Fortune 50 level organization with \$ 60 billion in annual revenue. Much of his organizational work consists of helping leaders create productive, pleasant work environments. He also trains managers as consultants, coaches and mediators. Nick's roots are in the Midwest where he was raised on a dairy farm. For the last 13 years, he has made his home in Scottsdale, Arizona with his wife and son and 2 dogs. He enjoys family life, the arts, gardening and photography.

Steve Broer is a Well-Being Coach. He has particular interests in applying the Quality of Life Therapy and Coaching Model with leaders in high demand positions and the professional development of providers of psychological services. Steve holds a doctorate degree in clinical psychology, a master's degree in counseling, and a bachelor's degree in communication and psychology. Steve was formerly a research assistant professor at the University of Vermont. He is presently the Director of a Behavioral Health Division in a community mental health center in Vermont where he holds both administrative and clinical responsibilities. Steve has published in several peer review journals and has presented on state, regional and national levels. Steve has received life coach training from the Quality of Life Therapy and Coaching Program.

Virginia Hurley, ACC, specializes in Academic Coaching, ABD Coaching, ADHD Coaching, and Parent Coaching (parents of teens). She is an ACC level ICF certified life coach. Virginia has been in the field of education for more than 30 years, most recently as an administrator. Her doctorate is in administration and supervision, with an emphasis on executive leadership and organizational psychology. Her master's degree is in Reading, and she continues to conduct research on adolescent reading fluency. In her capacity as both professional developer and primary clinical supervisor for education, Virginia has practiced and taught Cognitive Coaching for over a decade. In the school setting, she has coached hundreds of parents and adolescents on issues related to learning differences, ADHD, organization and study skills, adolescent development, parent communication, and acceptance. An important aspect of her work has been to chair multi-disciplinary student support teams composed of mental health professionals and educators. Virginia has held the role of mentor for administrators and mental health professionals for many years. She most enjoys supporting individuals who want to build their strengths and reach their goals through resilience, self-reliance, and self-respect. Her work as a personal life coach uses a positive psychology perspective. Virginia is the Director of Virtual Professional Practice Communities [www.virtualprofessionalpracticecommunities.com](http://www.virtualprofessionalpracticecommunities.com), an affiliate program of Change for Good Coaching, LLC. Virtual Professional Practice Communities provides coaching, consulting and mentoring services from a positive psychology orientation to professionals in fields that include mental health, nursing, alternative and holistic health, education, and administration, among others. Virginia has received training in life coaching from the MentorCoach Program and holds a Certificate from the Quality of Life Therapy and Coaching Program, and is an International Coaching Federation certified life coach.

Marian Margulies is a Parenting Coach who specializes in working with parents of infants and young children. Marian's philosophy of parenting is to partner with parents as they navigate the sometimes turbulent waters of parenting, to accompany them on their journey of discovery of themselves as parents, of their children's true spirits and of ways to meet in moments, so that the parent-infant and parent-child dance is one of attunement, one that is mutually choreographed and constantly evolving. Given the challenges of parenting today, Marian offers tools to work through these challenges, empowering parents to discover their own sources of strength and deep knowledge about themselves and their children. Marian has a doctorate in developmental psychology and is on the faculty of the

Columbia Psychoanalytic Parent-Infant program in New York. She lectures and writes on child development and infant mental health. Funded by a grant from International Psychoanalytic Association, Marian is conducting attachment related research using a videotape feedback intervention with mothers and their infants. Marian is the Producer and Host of Conversations with Dr. Marian, a cable television show that spotlights topics about parenting and infant and child development. She is currently spearheading and organizing a scientific exchange program between infant mental health professionals in New York and Latin America. Marian offers individual and group telephone coaching for parents of infants and young children both domestically and internationally. She is fluent in Spanish and Hebrew.

Barbara Birge holds a doctorate in clinical psychology and has been helping individuals improve their lives, careers and capabilities for over 16 years. In addition to her work as a psychotherapist and life coach, Barbara has worked in advertising for over 30 years. She thrives on rolling up her sleeves, identifying business problems and developing strategic solutions. She has been honored for her creative work in some of the industry's most prestigious award shows. Barbara values balancing her life between these very different worlds. She understands first hand the highly competitive business arena and she especially enjoys coaching people who seek to achieve greater balance in their work and personal lives. Barbara has a certificate in life coaching from the MentorCoach Training Program.